

Congratulations!

We are so happy that you have decided to get married in the Catholic Church. The church community rejoices with you! We are excited for you as you take these first steps on your journey toward marriage.

If you're like most people you prepare and plan for many things in life: education, career, retirement and holidays. And most couples spend up to 250 hours planning their wedding, but very little time, if any, planning for married life. There are many things you can do to begin building a lifelong, happy marriage. Investing in your relationship before you are married will reap rewards for many years to come.

For More Information

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Holy Rosary/St. Mary's Marriage Prep Program



"Today, there are those who say that marriage is out of fashion... They say that it is not worth making a life-long commitment, making a definitive decision, 'forever', because we do not know what tomorrow will bring. I ask you, instead, to be revolutionaries, I ask you to swim against the tide; yes, I am asking you to rebel against this culture that sees everything as temporary and that ultimately believes you are incapable of responsibility, that believes you are incapable of true love."

Pope Francis – World Youth Day 2013

What to Expect from Holy Rosary/St. Mary's Marriage Prep Program

Couples meet together five times with a mentor couple for approximately an hour and a half each time. Through conversation, assessments and videos we will explore several topics.

Topics covered:

- *Communication*
- *Family Life*
- *Finances*
- *Spirituality*

You will sit down and discuss with each other your expectations of the roles you will each fulfill in your marriage.

Marriage preparation can help couples enhance their strengths, clarify expectations, identify areas needing change, learn and practice communication and conflict resolution skills, and develop more emotional and sexual intimacy. With attention and effort, most couples can create a strong relationship that will safeguard them against the inevitable strains of modern life.



"This course was great! It was an eye opening experience for both my fiancé and I. It brought us closer to each other and our faith."

M.M.