

2nd Year PRAYERS

1 The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit.
AMEN

2 Our Father

Our Father, who art in heaven,
hallowed be thy name.
Thy kingdom come,
thy will be done,
on earth, as it is in heaven.
Give us this day our
daily bread and forgive us our
trespasses as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil. **AMEN**

3 Hail Mary

Hail Mary, Full of Grace,
The Lord is with thee.
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now,
and at the hour of our death.
AMEN

4 Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and ever shall be,
world without end. **AMEN**

5 Grace Before Meals

Bless us, O Lord, and these your
gifts, which we are about to
receive from your bounty through
Christ our Lord. **AMEN**

6 Act of Contrition

Oh, my God, I am heartily sorry for
having offended you, and I detest
all my sins, because of your just
punishments, but most of all
because they offend you, my God,
who are all good and deserving of
all my love. I firmly resolve with
the help of your grace, to sin no
more and to avoid the near
occasions of sin. **AMEN**

7 Form of Confession

**“Bless me Father, for I have
sinned. This is my first
confession. These are my sins.”**

*(Now you say your sins to Father.
When you are done, you say...)*

**“I am sorry for these
and all my sins”**

*(Father will talk to you and ask you to say
an Act of Contrition. He will then say...)*

*“Bless you, in the name of the Father,
Son and Holy Spirit.”
You say **“AMEN”***

*Father says, “God Bless You.”
You say, **“Thank you Father”***

8 The 10 Commandments

1. I am the Lord your God;
you shall not have strange gods
before me.
2. You shall not take the name of
the Lord your God in vain.
3. Remember to keep holy the
Lord’s Day.
4. Honor your father and your
mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness
against your neighbor.
9. You shall not covet your
neighbor’s wife.
10. You shall not covet your
neighbor’s goods.

Prayer Testing:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

9 Nicene Creed

I believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the only-begotten Son of God,
born of the Father before all ages,
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father.
Through him all things were made.

For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated
at the right hand of the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from
the Father and the Son.
With the Father and the Son
he is adored and glorified.
He has spoken through the
Prophets.

I believe in one, holy,
catholic and apostolic Church.
I confess one baptism for the
forgiveness of sins,
and I look forward to the
resurrection of the dead,
and the life of the world to come.

AMEN