

Essential Catholic PRAYERS

These prayers include some of the most familiar prayers of the Catholic tradition. They have nurtured the faithful for generations, yet they still speak to us. These open for new generations the treasures of the Church's rich tradition of prayer.

~from Catholic Household Blessings and Prayers

Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit. **Amen**

Our Father

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come.
thy will be done
on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil. **Amen**

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end. **Amen**

Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. **Amen**

Prayer to One's Guardian Angel

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide. **Amen**

Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.

For us men and for our salvation
he came down from heaven,
*and by the Holy Spirit was incarnate of the
Virgin Mary, and became man.*

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come.

Amen

Act of Contrition

O my God, I am heartily sorry
for having offended Thee,
and I detest all my sins
because of thy just punishments,
but most of all because they offend Thee,
my God, who art all good
and deserving of all my love.

I firmly resolve with the help of Thy grace
to sin no more and
to avoid the near occasion of sin.

Amen

Apostles' Creed

I believe in God,
the Father Almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand
of God the Father almighty;
from there he will come to judge
the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy,
our life, our sweetness and our hope.
To thee do we cry,
poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
thine eyes of mercy toward us,
and after this our exile
show unto us
the blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet Virgin Mary
Pray for us, O holy Mother of God
that we may be made worthy
of the promises of Christ.

Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to thy protection,
implored thy help, or sought thy intercession,
was left unaided.
Inspired by this confidence
I fly unto thee, O Virgin of virgins, my Mother.
To thee do I come, before thee I stand,
sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions,
but in thy mercy hear and answer me. **Amen**

Mysteries of the Rosary

Joyful Mysteries
Sorrowful Mysteries
Glorious Mysteries
The Mysteries of Light

The Seven Sacraments

The Sacraments of Initiation

Baptism • Confirmation • Eucharist

The Sacraments of Healing

Reconciliation • Anointing of the Sick

The Sacraments at the Service of Communion

Holy Orders • Matrimony

Corporal Works of Mercy

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Visit the imprisoned
- Shelter the homeless
- Visit the sick
- Bury the dead

Spiritual Works of Mercy

- Admonish the sinner
- Instruct the ignorant
- Counsel the doubtful
- Comfort the sorrowful
- Bear wrongs patiently
- Forgive all injuries
- Pray for the living and the dead

Prayer to St. Michael the Archangel

St. Michael the Archangel, defend us in battle,
be our protection against the wickedness
and snares of the devil.

May God rebuke him we humbly pray;
and do thou, O Prince of the Heavenly host,
by the power of God,
cast into hell Satan and all the evil spirits
who prowl about the world
seeking the ruin of souls.

Amen.

AMEN is an Abrahamic declaration of affirmation first found in the Hebrew Bible, and subsequently in the New Testament. It is used as a concluding word, or as a response to a prayer meaning: "verily", "truly", "it is true", and "let it be so" It is also used colloquially, to express strong agreement.